

DECEMBER 2025

NPHS Grab & Go



Monday

Turkey Bacon Ranch Wrap Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

Flex Day

Turkey Bacon Ranch Wals Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk



8

Tuesday

Meatless Chef Salad 2 Yogurt Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

Mixed Fruit Plate Yogurt Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

Meatless Chef Salad 16 Yogurt Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

30 \leftarrow Break \rightarrow

Wednesday

Charcuterie Board Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

10 Veggie Wrap Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

Charcuterie Board 17 Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

24

←Christmas

31

Thursday

Harvest Spinach Apple Sala Yogurt Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

> Chef Salad w/Turkev Yogurt Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

Harvest Spinach Apple Sala Yogurt Bar PB&J Combo Veggie of the Day Fruit of the Dav Milk



25



Friday

Kale & Chicken Wrap 5 Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

Chicken Salad on Croissant Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk

> Kale & Chicken Wrap 19 Salad Bar PB&J Combo Veggie of the Day Fruit of the Day Milk





