



OCTOBER 2025

NPBS Grab & Go



Monday

Tuesday

Wednesday

Thursday

Friday

Veggie Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

1

Chef Salad w/Turkey
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

2

Chicken Salad on Croissant
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

3

Turkey Bacon Ranch Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

4

Meatless Chef Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

7

Charcuterie Board
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

8

Harvest Spinach Apple Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

9

Kale & Chicken Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

10

Chicken Bacon Ranch Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

12

Mixed Fruit Plate
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

14

Veggie Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

15

Chef Salad w/Turkey
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

16

Fall
Break

17

Fall
Break

20

Meatless Chef Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

21

Charcuterie Board
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

22

Harvest Spinach Apple Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

23

Kale & Chicken Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

24

Chicken Bacon Ranch Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

27

Mixed Fruit Plate
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

28

Veggie Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

29

Chef Salad w/Turkey
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

30

Chicken Salad on Croissant
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

31



This institution is an equal opportunity provider, employer, and lender.

