



SEPTEMBER 2025

NPHS Grab & Go



Monday

Labor Day
No School

1

Tuesday

Mixed Fruit Plate
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

2

Wednesday

Veggie Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

3

Thursday

Chef Salad with Turkey
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

4

Friday

Chicken Salad on Croissant
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

5

Turkey Bacon Ranch Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

8

Meatless Chef Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

9

Charcuterie Board
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

10

Harvest Spinach Apple Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

11

Kale & Chicken Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

12

Chicken Bacon Ranch Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

15

Mixed Fruit Plate
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

16

Veggie Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

17

Chef Salad with Turkey
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

18

Chicken Salad on Croissant
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

19

Flex Day

22

Meatless Chef Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

23

Charcuterie Board
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

24

Harvest Spinach Apple Salad
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

25

Kale & Chicken Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

26

Chicken Bacon Ranch Wrap
Salad Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

29

Mixed Fruit Plate
Yogurt Bar
PB&J Combo
Veggie of the Day
Fruit of the Day
Milk

30

Carrots available every day at the High School

This institution is an equal opportunity provider, employer, and lender.

