



## Nutritional Services Department

Mike Hale, Director

574-654-0401

mikehale@npsc.k12.in.us

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Dear Parents and Guardians,

This year, NPUSC is demonstrating our commitment to making sure that students are fully prepared for academic success by ensuring they have access to a nutritious breakfast. To support this commitment, ***the School Breakfast Program is now OFFERED AT NO CHARGE to ALL NPUSC Students*** every weekday morning. Your child can simply show up and eat.

These supervised meals meet all recommended nutritional guidelines, and our staff is working to provide students with a variety of choices.

It is our hope that providing free breakfast will dramatically increase the percentage of students who eat breakfast. Currently, our district serves 16% of the students who are eligible to eat breakfast. We would like to see this number triple as a result of offering free breakfast.

Research consistently shows that hungry children do not effectively learn. In addition, research has proven that students who participate in the School Breakfast Program perform better academically and have better school attendance. Moreover, their overall dietary intake is greater than that of a non-participating student.

School Breakfast is an ideal solution on mornings when kids are running late or parents have early commitments. Whatever the reason, if breakfast at home is not convenient, please take advantage of breakfast at school.

Thank you for helping us to make sure that all of our students start the school day alert, well fed and ready to learn.

Sincerely,

Mike Hale  
Director  
Nutritional Services

*This institution is an equal opportunity provider.*